

CHILD CARE PLUS SNACK MENU

May		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 st – 5 th	AM	Apples Cheese cubes Juice	Yogurt Nila wafers Water	Whole-grain cereal Raisins Milk	Rice cakes Juice	Cereal Bar Milk
1 st – 5 th	PM	Carrot sticks with dip Pretzels Juice	Rice Krispie Treats Milk	Goldfish Juice	Popcorn Mixed nuts Juice	Oatmeal raisin cookies Milk
8 th – 12 th	AM	Granola bar Water	Graham crackers with peanut butter Milk	Banana Cereal Milk	Applesauce Teddy Grahams Juice/Water	Toast with butter Raisins Milk
8 th – 12 th	PM	Animal crackers Juice	Trail mix Juice	Fig cookies Juice	Triscuit & Cheese Juice	Goldfish crackers Water
15 th – 19 th	AM	Yogurt Nila wafers Water	Cereal Bar Milk	Toast with butter Raisins Milk	Cheerios Milk	Ritz crackers Cream cheese Juice
15 th – 19 th	PM	Rice Krispie Treats Milk	Pretzels Juice	Cheese and crackers Juice	Oatmeal raisin cookies Milk	Oranges Animal crackers Water
22 nd – 26 th	AM	Cereal with raisins Milk	Granola bar Banana Milk	Graham crackers with peanut butter Milk	Rice cakes Bananas Juice	Apples with Peanut butter Juice
22 nd – 26 th	PM	Animal crackers Juice	Goldfish crackers Juice	Carrot slices with dip Pretzels Juice	Popcorn Mixed nuts Juice	Fig cookies Milk
29 th – 2 nd	AM	Apples Cheese cubes Juice	Yogurt Nila wafers Water	Whole-grain cereal Raisins Milk	Rice cakes Juice	Cereal Bar Milk
29 th – 2 nd	PM	Carrot sticks with dip Pretzels Juice	Rice Krispie Treats Milk	Goldfish Juice	Popcorn Mixed nuts Juice	Oatmeal raisin cookies Milk