

## CHILD CARE PLUS SNACK MENU

August		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 <sup>st</sup> – 4 <sup>th</sup>	AM	Rice cakes Juice	Apples Cheese cubes Juice	Whole-grain cereal Raisins Milk	Toast w/butter Banana Milk	Peanut Butter/Yogurt Nila wafers Water
1 <sup>st</sup> – 4 <sup>th</sup>	PM	Carrot sticks with dip Pretzels Juice	Watermelon Water	Animal Crackers Juice	Cheez-its Juice	Oatmeal raisin cookies Milk
7 <sup>th</sup> – 11 <sup>th</sup>	AM	Fruit Cereal Bars Milk	Graham crackers with peanut butter Milk	Cream cheese on crackers Milk	Applesauce Teddy Grahams Juice/Water	Toast with butter Raisins Milk
7 <sup>th</sup> – 11 <sup>th</sup>	PM	Animal crackers Apples Juice	Trail mix Juice	Fig cookies Juice	Wheat thins & Cheese Juice	Goldfish crackers Water
14 <sup>th</sup> – 18 <sup>th</sup>	AM	Cereal Bar Milk	Yogurt Nila wafers Water	Toast with butter Raisins Milk	Cheerios Milk	Ritz crackers Cream cheese Juice
14 <sup>th</sup> – 18 <sup>th</sup>	PM	Trail mix Milk	Pretzels Orange slices Water	Cheese and crackers Juice	Oatmeal raisin cookies Milk	Cheez-its Juice
21 <sup>st</sup> - 25 <sup>th</sup>	AM	Cereal with raisins Milk	Granola bar Banana Milk	Graham crackers with peanut butter Milk	Rice cakes Juice	Apples with Peanut butter Juice
21 <sup>st</sup> - 25 <sup>th</sup>	PM	Goldfish Juice	Fig cookies Milk	Animal crackers Apples Juice	Trail mix Milk	Popcorn Mixed nuts Juice
28 <sup>th</sup> - 1 <sup>st</sup>	AM	Peanut Butter / Yogurt Nila wafers Water	Apples Cheese cubes Juice	Whole-grain cereal Raisins Milk	Toast w/butter Banana Milk	Fruit Cereal Bars Milk
28 <sup>th</sup> - 1 <sup>st</sup>	PM	Carrot sticks with dip Pretzels Juice	Rice cakes Juice	Goldfish Juice	Popcorn Mixed nuts Juice	Oatmeal raisin cookies Milk