

*Child Care Plus Learning Center  
Preschool*

# February

## February Highlights

The Mail Must Go Through  
Peace, Love & Harmony  
Winter Olympics  
Dental Health



Last month, the children had great fun playing with snow in the water table, helping a polar bear escape from his iceberg (using a salt water mixture), and creating a snow man outside in the playground I know it is hard for parents to see all this snow in the New England area, but the children love it!

**Parents:** Child Care Plus announces weather closings and delays on Facebook, email, and the daycare website or call our center at 821-0550



## Save the Date!

President's Day  
February 19<sup>th</sup>

Child Care Plus will be closed on Monday, Feb 19<sup>th</sup> in observance of President's Day.

Winter student evaluations will be completed this month. Conferences will take place the week of Feb 26<sup>th</sup>. You will be receiving a form to fill out to schedule a time to meet with Miss Stacey to go over your child's report card and to obtain information on the stages of preschool development and kindergarten readiness.

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### The Mail Must Go Through

During the second week of February, the children will be using the theme **The Mail Must Go Through** to learn about where they live, how mail gets to their house, and how it's delivered around the world. The dramatic play area will be transformed into a post office, where they can dress-up and deliver the mail. During circle time, the teachers will teach the students his/her own address. It is important for children to know this information for safety reasons. We also ask that you practice reciting your child's address at home with him/her. Many learning center activities this week will include writing numbers, sorting mail by colors and numbers, popping bubble wrap in the fine motor area, and making sculptures with packing peanuts in the art center. There will also be an experiment using bubble wrap and a raw egg, which will be dropped on the floor to simulate how fragile items must be wrapped properly when shipping them through the mail so they won't break.



### Peace, Love & Harmony

In the second week, we will be celebrating Valentine's Day by having a theme of **Peace, Love & Harmony**. The children will be making various heart decorations to celebrate Valentine's Day. The teachers will also touch upon how the human heart works and why it is such an important part of the body. The preschoolers will also exercise to get their hearts pumping and make nutritious snacks to keep their bodies healthy. Your child may bring in cards for their classmates on February 14<sup>th</sup>. We ask that you have your child just sign the inside of the cards and bring them in to be exchanged on Wednesday. There are 28 children in the preschool program, attending various days. The students will have a chance to place cards in pre-made Valentine Bags (made at school) during center time. Every child will have a bag and get cards even if he/she does not attend on Wednesday!

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## Winter Olympics

We will touch upon the winter olympics in Pyeongchang, South Korea. The children will have some friendly competition when they have relay races in the gym. The students will also learn about the gold, silver, and bronze medals along with sportsmanship conduct. In the craft area, children will love making the olympic torch, rings, and mascot, a winter tiger named Soohorang during this week of exploration.



## Dental Health

In the first week of February, we will be discussing Dental Health. The children will be taught a cute song about brushing teeth and they will play many games with Mr. Smiley and Mr. Floss. In the science area, the teachers will conduct an experiment to show how some foods and drinks can stain teeth. Then the students will all get a turn to brush and floss a set of large plastic teeth, up, down, and all around! For math, the children will be encouraged to count pennies to help the tooth fairy complete her job. Lastly, the children will sort pictures of healthy and non-healthy food in order to be aware of what might cause cavities in a tooth.

